

ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

Ref.No.EIAH/Sc&R/EU/24/

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 1st SEM

W.E.F – 02-09-2024

Venue – LT-1, 5th floor, E.U.

Days/Date	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 02-09-24	Biochemistry (L) Cell organelles: Endoplasmic reticulum & Golgi Body Dr. Nayab	Human Anatomy (L) Blood - Composition, RBCs, WBCs, Platelets Dr. Divya	English Communication (L) Communication Process Dr. Saleha Jafri	Health Psychology (L) Life span development Mr. Ishu Parihar	L	Human Physiology (L) Properties of skeletal, smooth & cardiac muscles Dr. Tahseen Raza/Dr. Nidhi Singh	Sociology (L) Relation to Anthropology, Psychology, Social Psychology Dr. Saurabh Tiwari
Tues 03-09-24	Health Psychology (L) Life span development Mr. Ishu Parihar	Human Anatomy (L) Lymphatic System Dr. Prince	English Communication (L) Communication Process Dr. Saleha Jafri	Biophysics & Introduction to Physiotherapy (L) Action potential Dr. Anupama Dhuria	U	Human Physiology (L) Excitation contraction coupling, Neuromuscular junction, neuromuscular transmission & motor unit Dr. Tahseen Raza/Dr. Nidhi Singh	Skill Dr. Tahzeeb Fatima
Wed 04-09-24	Sociology (L) Methods of Sociological investigations Dr. Saurabh Tiwari	Human Anatomy (L) Spleen, tonsils, thymus Dr. Monica	English Communication (L) Sustainable Communication Dr. Saleha Jafri	Soft Skill (L) Mr. Ashfaqe	N	Skill Parts of brain Dr. Chaahat Jaiswal	
Thurs 05-09-24	Biophysics & Introduction to Physiotherapy (L) History of Physical Therapy Dr. Shalabh Singh	Biochemistry (L) Lysosomes Dr. Nayab	Human Physiology (P) Estimation of Haemoglobin Dr. Tahseen Raza/Dr. Nidhi Singh		C	Health Psychology (L) Life span development Mr. Ishu Parihar	Skill Bones of UL-I Dr. Shabeeh Fatma
Friday 06-09-24	Health Psychology (L) Life span development Mr. Ishu Parihar	Biophysics & Introduction to Physiotherapy (P) Group discussion on gen. scope of PT Dr. Shalabh Singh	Biophysics & Introduction to Physiotherapy (L) Ion Channels Dr. Anupama Dhuria	LIBRARY	H	Biochemistry (L) Mitochondria structure & function Dr. Nayab	Skill Cerebrum Dr. Chaahat Jaiswal
Saturday 07-09-24	Sociology (L) Case study, Social survey, Questionnaire Dr. Saurabh Tiwari	Human Anatomy (P) Dr. Divya/Dr. Monica/Dr. Diksha/Dr. Prince Venue - Dept. of Anatomy, 5 th floor, College Building		Gyan Manthan			

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1. Mrs. Shaheen (V.C. office)Era university
2. Ms. Asiya – Attendance Section 3rd floor, University building
3. O.S.D. – Dean Office



Dr. Sumit Asthana
Assistant Dean & HOD

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DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 1st SEM
VENUE – LT- 1, 5th floor, E.U.

W.E.F – 08-08-2024

Foundation Class Time Table

Days	10-11	11-12	12-01	01-02	02-03	03-04
Thursday 08-08-24	Digestive & Excretory System Dr. Shabeeh Fatma	Mechanical Levers Dr. Arif Rizvi	Electro Chemistry Dr. Badri Vishal	LUNCH	English Ms. Saliha Jafri	Biometric Registration
Friday 09-08-24	Law of Radiation Dr. Zia Abbas Naqvi	States of Matter Dr. Tahzeeb Fatima	Intro. to Cardiorespiratory System Dr. Poonam Pachauria		Computer Dr. Nagendra K. Singh	Hospital Visit Dr. Wahida Khan & Dr. Chaahat Jaiswal
Saturday 10-08-24	Skeletal & Nervous System Dr. Anupama Dhuria	Biomolecules Dr. Badri Vishal	Orientation to Physiotherapy Dept. & Foundation Feedback Dr. Shallabh Singh			

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2. Mr. Salman – Attendance Section 6th floor hospital building
3. O.S.D. – Dean Office



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DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 1st SEM BATCH – 2024-25

Ref.No.EIAH/Sc&R/EU/24/1719

W.E.F – 09-09-2024

Venue – LT-1, 5th floor, E.U.

Days/Date	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 09-09-24	Biochemistry (L) Cytoskeleton Dr. Nayab	Human Anatomy I (L) Nervous system – Brain & brainstem Dr. Divya	English Communication (L) Sustainable Communication Dr. Saleha Jafri	Health Psychology (L) Heredity & Environment Mr. Ishu Parihar	L	Human Physiology I (L) Properties of skeletal, smooth & cardiac muscles Dr. Tahseen Raza/Dr. Nidhi Singh	Sociology (L) Interview & opinion poll methods Dr. Saurabh Tiwari
Tues 10-09-24	Health Psychology (L) Heredity & Environment Mr. Ishu Parihar	Human Anatomy I (L) Cranial nerves Dr. Diksha	English Communication (L) Verbal Non Verbal Dr. Saleha Jafri	Biophysics & Introduction to Physiotherapy (L) Na & K ion channels Dr. Anupama Dhuria	U	Human Physiology I (L) Excitation contraction coupling, Neuromuscular junction, neuromuscular transmission & motor unit Dr. Tahseen Raza/Dr. Nidhi Singh	Skill Cranial Nerves Dr. Chaahat Jaiswal
Wed 11-09-24	Sociology (L) Imp. of its study with special ref. to health care professionals Dr. Saurabh Tiwari	Human Anatomy I (L) Cerebellum Dr. Prince	English Communication (L) Verbal Non Verbal Dr. Saleha Jafri	Soft Skill (L) Mr. Ashfaq	N	Practice Anatomy of U/L Dr. Wahida Khan Venue - Physio OPD 5 th floor, ELMC&H	Skill Bones of U/L Dr. Shabeeh Fatma
Thurs 12-09-24	Biophysics & Introduction to Physiotherapy (L) Scope of Physical Therapy Dr. Shallabh Singh	Biochemistry (L) Nutrition: RDA, BMR, SDA Dr. Nayab	Human Physiology I (P) Estimation of Haemoglobin Dr. Tahseen Raza/Dr. Nidhi Singh Venue - 1 st Floor, Physiology Dept. College building		C	Health Psychology (L) Heredity & Environment Mr. Ishu Parihar	Skill Meninges Dr. Chaahat Jaiswal
Friday 13-09-24	Health Psychology (L) Heredity & Environment Mr. Ishu Parihar	Biophysics & Introduction to Physiotherapy (P) Group discussion on gen. scope of PT practice Dr. Shallabh Singh	Biophysics & Introduction to Physiotherapy (L) Gating mechanism of ion channels Dr. Anupama Dhuria	LIBRARY	H	Biochemistry (L) Caloric requirement & Balanced diet Dr. Nayab	Skill Spinal cord anatomy Dr. Chaahat Jaiswal
Saturday 14-09-24	Sociology (L) Social Factors in health & disease situations Dr. Saurabh Tiwari	Human Anatomy I (P) Dr. Divya/Dr. Monica/Dr. Diksha/Dr. Prince Venue - Dept. of Anatomy, 5 th floor, College Building		Gyan Manthan			

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1. Mrs. Shaheen (V.C. office) Era university
2. Ms. Asiya – Attendance Section 3rd floor, University building
3. O.S.D. – Dean Office



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Ref.No.EIAH/Sc&R/EU/24/1697

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 1st SEM


W.E.F – 12-08-2024

VENUE – LT-1, 5th floor, E.U.

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 12-08-24	Sociology (L) Intro. about Sociology Dr. Saurabh Tiwari	Human Anatomy I (L) Intro. to Anatomy Dr. Divya	Care Awareness Program Venue – LT-C, 4 th floor, E.U.	Health Psychology (L) Intro. to Psychology Mr. Ishu Parihar	L	Anti-Ragging Awareness Program Venue – Mini Audi, Ground floor, E.U.	
Tues 13-08-24	Health Psychology (L) School of Thoughts-I Mr. Ishu Parihar	Human Anatomy I (L) Anatomical terminology Dr. Monica	English Communication (L) Intro. to Communication Dr. Saleha Jafri	Biophysics & Introduction to Physiotherapy (L) Intro. to Biophysics Dr. Anupama Dhuria	U	Human Physiology I (L) Cell, Cell Membrane & Its organelle Dr. Tahseen Raza/Dr. Nidhi Singh	Biochemistry (L) Intro. to Biochemistry Dr. Badri Vishal
Wed 14-08-24	Sociology (L) What is Sociology Dr. Saurabh Tiwari	Human Anatomy I (L) Levels of organization of body, organ systems Dr. Prince	English Communication (L) Basics of Communication Dr. Saleha Jafri	Soft Skill (L) Mr. Ashfaque	N	Skill (P) Medical Terminologies Dr. Shabeeh Fatma	
Thurs 15-08-24	HOLIDAY (Independence Day)						
Friday 16-08-24	Health Psychology (L) School of Thoughts-II Mr. Ishu Parihar	Biochemistry (L) Intro. to Cell Dr. Badri Vishal	Library	Biophysics & Introduction to Physiotherapy (L) Scope of Biophysics Dr. Anupama Dhuria	C	Skill (P) Bones of upper limb & lower limb Dr. Roma Singh	
Saturday 17-08-24	Sociology (L) Origins meaning of Sociology Dr. Saurabh Tiwari	Human Anatomy I (P) Dr. Divya/Dr. Monica/Dr. Diksha/Dr. Prince Venue – Dept. of Anatomy, 5 th floor, College Building		Cyan Manthan	H		

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DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 1st SEM BATCH – 2024-25

Ref.No.EIAH/Sc&R/EU/24/1721

W.E.F – 16-09-2024

Venue – LT-1, 5th floor, E.U.

Days/Date	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 16-09-24	HOLIDAY (EID-E MILAD/BARAWAFAT)						
Tues 17-09-24	Health Psychology (L) Sensation Mr. Ishu Parihar	Human Anatomy I (L) Spinal cord & Spinal nerves Dr. Divya	English Communication (L) Writing Skills Dr. Saleha Jafri	Biophysics & Introduction to Physiotherapy (L) CA & CL channels Dr. Anupama Dhuria	L	Human Physiology I (L) Plasma composition, Plasma protein composition formation & function Dr. Tahseen Raza/Dr. Nidhi Singh	Skill Neuron & it's structure Dr. Chaahat Jaiswal
Wed 18-09-24	Sociology (L) Influence of formal & informal groups on health & sickness Dr. Saurabh Tiwari	Human Anatomy I (L) Autonomic nervous system Dr. Monica	English Communication (L) Vocab building Dr. Saleha Jafri	Soft Skill (L) Mr. Ashfaque	U	Practice Anatomy of U/L Dr. Wahida Khan Venue - Physio OPD 5 th floor, ELMC&H	Skill Bones of forearm Dr. Shabeeh Fatma
Thurs 19-09-24	Biophysics & Introduction to Physiotherapy (L) Official organs of health system at national level Dr. Shailabh Singh	Biochemistry (L) Carbohydrates: Def., Classifications & gen. functions Dr. Nayab	Human Physiology I (P) Examination of Pulse & ECG Dr. Tahseen Raza/Dr. Nidhi Singh Venue - 1 st Floor, Physiology Dept. College building		N	Health Psychology (L) Attention Mr. Ishu Parihar	Skill Classification of neuron: On the basis of processes & length Dr. Chaahat Jaiswal
Friday 20-09-24	Health Psychology (L) Attention Mr. Ishu Parihar	Biophysics & Introduction to Physiotherapy (P) Group discussion on functions Dr. Shailabh Singh	Biophysics & Introduction to Physiotherapy (L) Ligand gated & mechano sensitive channels Dr. Anupama Dhuria	LIBRARY	C	Biochemistry (L) Carbohydrates: Def., Classifications & gen. functions Dr. Nayab	Skill Functional classification of neuron: On the basis of shape, size Dr. Chaahat Jaiswal
Saturday 21-09-24	Sociology (L) The role of primary groups & secondary groups in the hospital & rehabilitation setup Dr. Saurabh Tiwari	Human Anatomy I (P) Dr. Divya/Dr. Monica/Dr. Diksha/Dr. Prince Venue - Dept. of Anatomy, 5 th floor, College Building		Gyan Manthan	H		

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DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 1st SEM

W.E.F – 19-08-2024

VENUE – LT-1, 5th floor, E.U.

Ref.No.EIAM/Sc&R/EU/24/1702

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 19-08-24	Biochemistry (L) Intro. of Cell, Definition & Characteristics Dr. Nayab	Human Anatomy I (L) Cavities of the body Dr. Diksha	English Communication (L) Communication Ethics Dr. Saleha Jafri	Health Psychology (L) Methods & Branches Mr. Ishu Parihar	L	Human Physiology I (L) Transport across cell membrane Dr. Tahseen Raza/Dr. Nidhi Singh	Sociology (L) Origin of Socio Dr. Saurabh Tiwari
Tues 20-08-24	Health Psychology (L) Methods & Branches Mr. Ishu Parihar	Human Anatomy I (L) Cell & Cell organelles Dr. Divya	English Communication (L) Communication ethics Dr. Saleha Jafri	Biophysics & Introduction to Physiotherapy (L) Resting Membrane Potential Dr. Anupama Dhuria	U	Human Physiology I (L) Resting membrane potential & action potential, neuron classification, properties, degeneration & regeneration Dr. Tahseen Raza/Dr. Nidhi Singh	Skill Joints Dr. Shabeeh Fatma
Wed 21-08-24	Sociology (L) Meaning & Def. Dr. Saurabh Tiwari	Human Anatomy I (L) Tissues & types - Epithelium Dr. Monica	English Communication (L) Communication & soft skills Dr. Saleha Jafri	Soft Skill (L) Mr. Ashfaq	N	Skill Movements of Shoulder Dr. Tahzeeb Fatima	Skill Movements of Elbow & Wrist Dr. Poonam Pachauria
Thurs 22-08-24	Biophysics & Introduction to Physiotherapy (L) Intro. to Physiotherapy Dr. Shallabh Singh	Biochemistry (L) Eukaryotic & Prokaryotic Cell Dr. Nayab	Human Physiology I (P) Microscope & Peripheral blood smear Dr. Tahseen Raza/Dr. Nidhi Singh		C	Health Psychology (L) Methods & Branches Mr. Ishu Parihar	Skill Movements of Hip Joint-I Dr. Shabeeh Fatma
Friday 23-08-24	Health Psychology (L) Psychology & Physiotherapy Mr. Ishu Parihar	Skill Movements of Knee & Ankle Joint Dr. Hema Singh Venue – Physio OPD 5 th floor, ELMC&H	Library	Biophysics & Introduction to Physiotherapy (L) Nerst Equation Dr. Anupama Dhuria	H	Biochemistry (L) Cell membrane structure & function Dr. Nayab	Skill Movements of Hip Joint-II Dr. Shabeeh Fatma
Saturday 24-08-24	Sociology (L) Meaning & Def. Dr. Saurabh Tiwari	Human Anatomy I (P) Dr. Divya/Dr. Monica/Dr. Diksha/Dr. Prince Venue – Dept. of Anatomy, 5 th floor, College Building		Gyan Manthan	-	-	-

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Ref.No.EIAH/Sc&R/EU/24/1703

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 1st SEM

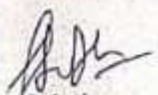
W.E.F – 26-08-2024

VENUE – LT-1, 5th floor, E.U.

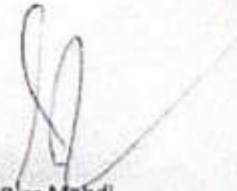
Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 26-08-24	HOLIDAY (CHEHULLUM*)						
Tues 27-08-24	HOLIDAY (JANMASHTAMI)						
Wed 28-08-24	Sociology (L) Nature & Scope of Sociology Dr. Saurabh Tiwari	Human Anatomy I (L) Connective, Muscular, Nervous tissue Dr. Diksha	English Communication (L) Interpersonal Communication Dr. Saleha Jafri	Soft Skill (L) Mr. Ashfaqe	L	Skill Muscles of Shoulder Girdle Dr. Shabeeh Fatma	
Thurs 29-08-24	Biophysics & Introduction to Physiotherapy (L) History of Physiotherapy Dr. Shallabh Singh	Biochemistry (L) Various types of cell absorption & cell transport Dr. Nayab	Human Physiology I (P) Recording of Blood Pressure Dr. Tahseen Raza/Dr. Nidhi Singh		U	Health Psychology (L) Psychology & Physiotherapy Mr. Ishu Parihar	Skill Muscles of Forearm Dr. Tahzeeb Fatima
Friday 30-08-24	Health Psychology (L) Growth & Development Mr. Ishu Parihar	Skill Muscles of Hip Joint Dr. Hema Singh	Library	Biophysics & Introduction to Physiotherapy (L) Action Potential Dr. Anupama Dhuria	N	Skill Muscles of Leg Dr. Chaahat Jaiswal	
Saturday 31-08-24	Sociology (L) Nature & Scope of Sociology Dr. Saurabh Tiwari	Human Anatomy I (P) Dr. Divya/Dr. Monica/Dr. Diksha/Dr. Prince Venue – Dept. of Anatomy, 5 th floor, College Building		Gyan Manthan	CH		

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